

Cape Henry Associates: Self-Assessment and Groom Training



The Cape Henry Associates (CHA) Self-Assessment and Groom Training (SAGT) program provides Deck and Navigation (Nav) training support for targeted systems installed onboard various U.S. Navy ship classes including LHA-, LHD-, LSD-, LPD-, CG-, DDG-, and DDG-1000 class ships. This training targets systems operated/maintained by Deck, Engineering, and Navigation department personnel. The SAGT program utilizes a Mobile Training Team (MTT) to perform in-depth reference, classroom, and hands-on training for system operators/maintainers to conduct material assessments, pre-operational inspections, normal operations, normal securing, and emergency operations on targeted systems using approved Self-Assessment & Groom Checklists (SAGCs).

Headquartered near the largest U.S. Navy base in the United States, the CHA SAGT groups have quick access to deck and small craft systems as well as consistent contact with deck and navigation leadership aboard numerous ship classes in the Fleet.

Upon completion of Deck or Nav SAGT, all training materials are left with the ship. Operators/maintainers learn how to use the provided training materials through a “Train the Trainer” concept, promoting improved self-sufficiency. Training materials include a DVD that contains the technical references for each system, training curricula, SAGCs, lesson plans, trainee guides, and pre/post examinations. Our subject matter experts routinely produce deck and small craft training programs while providing sound recommendations that ultimately serve our Navy ships and onboard personnel.

Deck and Nav SAGT are Programs of Record and a required training during a ship’s Readiness Evaluation. The SAGT Teams are routinely called upon to provide research, information, and recommendations in support of the various deck and small craft systems in our Fleet. Our SAGT Teams are recognized as the “go-to” for the right answer, the best value, and the technical understanding of the status, additions, deletions, and modifications to these systems.

About Cape Henry Associates



Founded in 2004, Cape Henry Associates (CHA) is a Service-Disabled Veteran-Owned Small Business (SDVOSB) specializing in Manpower Analysis, Personnel Analysis, and Training (MPT) services. Cape Henry Associates is a SeaPort-e prime contract vehicle holder and owns a Small Business Innovation Research (SBIR) technology, Lighthouse, for sole source contracting for MPT products and services. We employ a staff of more than 100 people, 65% of whom are veterans. With an overall on-time delivery of 99.5% for required deliverables, we take pride in the reputation we have built as the go-to company for all things MPT.

Contact jay.mcgovern@cape-henry.com to learn more about a customizable solution for your company.

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